

Chandler Police Department

"Serving With Courage Pride and Dedication"

Police Cadet/Officer Physical Fitness Waiver

Print your name: _____
Last First MI

Last 4 of Social Security: _____

Waiver and Release

For and in consideration of the privilege granted the undersigned by the City of Chandler, Arizona, in taking a physical fitness test as a part of an entrance examination:

I, the undersigned, hereby waive any claim for any injury and/or medical emergency which I may either directly or indirectly sustain as a result of my participation in any part of such physical fitness test and hereby agree, for the privilege extended me in being permitted to participate in such physical fitness test, to hold the City of Chandler, their employees and/or Officers, free from liability of any kind or any nature, for any injury or damage which I may either directly or indirectly sustain through my participating in such physical fitness test.

This agreement shall be binding upon the undersigning, his/her heirs and assigns.

Examinee's Signature

Date

Witness Signature

Date

Physical Fitness Score Sheet

Note: This is a pass/fail test. The minimum standard must be met to pass the physical fitness test. You must be able to meet the ALEA standards prior to attending the academy.

1. 1.5 Mile, Limit 15:20. Time: _____ PASS / FAIL. ALEA Standard: 14:29.
2. Push Ups, Minimum 18. Total: _____ PASS / FAIL. ALEA Standard: 31.
3. Sit Ups, Minimum 27. Total: _____ PASS / FAIL. ALEA Standard: 31